Step by Step

1. Choose a group of participants with good communication and training skills.
2. Make clear that they will have to train another group of people on the same subject.
3. Provide them with support and coach to communicate what they learned to others.
4. Keep the main message as simple as possible to avoid its dilution or corruption during the “cascade training” process.
5. Make sure that the training levels won’t be too much. Ideally, there should be only two, corresponding to the group receiving the initial training and a second group trained by this one.