The role of trainers in peer education

In this context, trainers play several roles at the same time:

- **Expert**: the trainer transmits information, skills and knowledge, answers questions and clarifies doubts.
- **Socializing agent**: the trainer should create an environment that encourages interaction among the group and fosters communication.
- **Facilitator**: the trainer leads the learning experience in an engaging way, so that learners participate fully and make the most out of it.

**Techniques**

In this context, trainers play several roles at the same time:

- Brainstorming
- Group discussion
- Case studies
- Game show quizzes
- Role plays and other theater-based techniques.

**Practical tips**

- Group discussions play a central role in this type of training and should be encouraged by the facilitator. Various facilitation skills are needed to lead group discussions effectively.
- Favor a “learning by doing” approach: doing is the best way to remember something.
- Use a variety of communication methods to reach everyone in your audience.
- Show visual materials
- Use role playing and other theater techniques: they help delivering the message in a way that reaches learners at the emotional level and increases motivation; stress the importance of acquiring basic acting skills for trainers.